

WICKLOW DEMENTIA SUPPORT NEWSLETTER DECEMBER 2018



We wish you all a very Happy Christmas and a Peaceful New Year. Thank you to all our volunteers, supporters and friends.

It's been a busy year for Wicklow Dementia Support with a great mix of very successful fundraising, a well deserved Community Support Award and some great & interesting community events.

JANUARY / FEBRUARY

New volunteers recruited for 'Meet and Eat' - cooking and sharing a meal with a vulnerable client in their home.

MARCH Volunteer training course held for our befriending service 'Alz Pals'.

APRIL 'Hear Our Voice' Exhibition.

Art workshops led by Maretta Murphy, participation by members of The Monday Club (our social club in Bray) - exploring the needs of people with dementia and their carers.

MAY Azure Tour to The National Gallery, to see paintings by Emil Nolde, led by Carolann Duggan our Arts and Culture coordinator.



Alz Information day held in Bray

JUNE Bag pack fundraiser at Dunnes Stores, Cornelscourt. Thank you to Dunnes stores; Harriet Conlon fundraising coordinator, and all our volunteers on the day .



The staff from Centra in Ashford ran the VHI Women's mini marathon for us.

JULY 'Come Dine With Me' fundraiser. Thank you to hosts Carolann Duggen and Owen Gallagher, and to Harriet Conlon and her helpers.



Annual BBQ for our social clubs, support groups and helpers. Thank you to all - a lovely evening.

SEPTEMBER WDS founder and coordinator Jenny O'Reilly honoured with Community Support Award.



County Wicklow People of the Year 2018.

OCTOBER Fundraising Art Exhibition in Greystones. 20 artists, 85 works of art. Thank you Patte O'Reilly, fundraising coordinator and curator. Thank you also to the young artists from St. Gerard's Junior School, Printroom.ie and to everyone who came to the opening and visited the exhibition.





Thank you to the young artists from St. Gerard's Junior School



'Meet and Eat' recruitment and training starts in Arklow

NOVEMBER Thank you to the Ashford ICA for supporting WDS as their charity at the Lions table quiz, fundraising evening at Tinakilly House with the fantastic Unity Gospel Choir. Thank you to Liz Wall, Neville Cox and the choir, as well as our hosts at Tinakilly.



DECEMBER Mike Fisher, Alz Pal and social group coordinator has been shortlisted for a Volunteer Ireland Award, recognising his 60 years volunteering, and especially all he does for WDS. Well done and thank you Mike.

Sing with us and raise funds for Wicklow Dementia Support. We will be on the steps of Bray Holy Redeemer Church 22 December, putting on the Christmas Cheer. Contact: Harriet Conlon 089 442 9110

Our Facebook page has curated articles and information, including advice that may help during Christmas, a time which may be confusing and overwhelming for some people with dementia. It also has updates of WDS events.



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