



NEWSLETTER



July 2019

Welcome to our Summer 2019 Newsletter!

Our newsletter gives a flavour of Wicklow Dementia Support's (WDS) recent activity



New Office

We have finally secured a **new office space** in **Bray** which we're very pleased about and settling in nicely.



AlzPals

9 volunteers completed their training to become **AlzPals** volunteers in May 2019. Well done and welcome to the team.

They are currently being paired with companions.



AlzClubs

Our weekly **social clubs** are fun, friendly and supportive. Socialising helps to keep active and connected. The **Monday and Thursday** clubs engage in games, exercise and craft activities, as well as occasional trips.



Arts & Culture Group

This group organises occasional **trips to Art Galleries**. Please contact 089 428 6928 for details of the next outing.



Follow Wicklow Dementia Support on **Facebook** for our news and links to advice and research websites around the world.

Outings

Recent Outings included a Theatre trip to see **"Warhorse"** at the Board Gais Theatre in Dublin, a visit to **Kilmacurragh Gardens** and an evening in **Shelbourne Park** at the Dogs.



Patrick & Tighe study the form



Home Safety



Our Wicklow Social Club recently had a visit from James Dorley, **Wicklow Gardai** who discussed home safety with the group.

We also received some cards from The Alzheimer's Society Ireland, which a person with dementia may find helpful to carry with them. Some of our members use these and find them reassuring.



Musical Memories, our weekly singing group were recently entertained by **Greystones Choir 'Get Singing'**. They were fantastic - an inspiration!

Thank you to choir member and WDS friend Eddie Dunphy.

"Get Singing" Choir





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We would like to extend our gratitude and thanks to **Team ABC** for **fundraising** on our behalf in **America**.



Team ABC are the fans of **Irish singers Byrne and Kelly**. Neil Byrne's father Eddie sadly passed away in 2018. Neil and Team ABC have been fundraising in his memory.

You can find **'The Purple Angel Project in Honor of Eddie Byrne'** on **YouTube** - a beautiful tribute to Eddie, to Team ABC and Wicklow Dementia Support by his son Neil.



Thank you to **Bray Emmets GAA Club** for hosting a **Coffee Morning and Bake Sale** for WDS in May.

Thank you to all our supporters and helpers and the Bray musician Ray Cranley. Ray also joins us once a month at Musical Memories in Greystones.



Ray Cranley and our own Mary D'Arcy entertaining at the Bake Sale



Jenny O'Reilly receives a cheque from Clare Comerford of the **Bray Sorooptimists** who are fabulous supporters of WDS.

Board Update

WDS board member Janice Comish recently updated our volunteers on the management board.



She says: The Board of Wicklow Dementia Support, like the organisation itself, has been going through a transition in the last 6 months.

The new board membership is as follows: Stephen Kearon, Acting Chair; Janice Comish, Board Secretary; Aisling Callaghan, Treasurer; Patte O'Reilly, Marketing/ Social Media; Laurie Kearon, Funding / Fundraising.

The Board is represented by members from different backgrounds, and with skills to manage the growing charity. (See WDS website for profiles.)

The board have been focusing on the governance of the organisation and working to ensure that we are compliant with the Charities Governance Code by the 1st January 2020 deadline.

The board is also developing the organisation's Strategic Plan, and securing the funding required to ensure we are in a position to provide much needed ongoing support.



Music Connections

We offer you or your loved one **personalised music** via an MP3 player and headphones. Familiar music may help to stir precious memories. It affects mood - calming or stimulating.



Research is highlighting the power of music to connect, from Bach to The Beatles.

If you would like **WDS volunteer Jenny Lewis** to create a **personalised music playlist**, please contact us.



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Wicklow Dementia Support (WDS) is a Registered Charity – CHY20536